

Rules & Regulations Towerrunning European Championships 2012

Preamble

For some it's pure horror, for others a special challenge: Tower Running - the vertical trend sport, where towers, skyscrapers and outdoor stairs are to be climbed. Worldwide, about 200 stair climbing events are held regularly with more than 100,000 participants in its spell. Top international runners meet up at classical landmarks such as the Empire State Building Run Up in New York or the Taipei 101 Run Up. For the elite there is a World Cup system organized by Towerrunning Office Vienna, which compares the performance throughout the entire season. Additionally on June 3rd, 2012 in Frankfurt (Germany) for the first time there will be the opportunity for Europe's stair climbing athletes to compete at an official championship. The **Towerrunning European Championships 2012** will be organized as a joint project of the MesseTurm Frankfurt, the Turngemeinde Unterliederbach 1887, the Association for People with Spina bifida / Rhein-Main-Nahe e.V. (ARQUE) and the Tower Running Office in Vienna as the international governing body of the stair climbing sport.

The main goal of the tournament is to crown the best all-rounder in the stairwell. Therefore runners will compete in a one-day tournament over two different distances and in different race formats. Regarding regulations, technical equipment and fair play the event will set new standards in the Towerrunning sport. As a reward not only a wonderful view over Frankfurt's financial district is awaiting Europe's fastest stair climbers, but also a cash premium totalling up to 9,000 €. Furthermore a lot of valuable points can be collected in the fight for the coveted Towerrunning World Cup Trophy. The event in Frankfurt was selected as World Cup Masters Race and will therefore get a higher weighting factor (factor 2.5) for the World Cup Ranking.

Definitions and Persons

Sports Management (of Towerrunning European Championships 2012)

Board consisting of the ECH Race-Director and the Sports Director of Towerrunning Office Vienna

Race-Director (of Towerrunning European Championships 2012)

Michael Lederer (GER)

Sports Director of Towerrunning Office Wien

Sebastian Wurster (GER)

Event Organizer (of Towerrunning European Championships 2012)

Turngemeinde Unterliederbach1887 e.V. (TGU)

World Cup Management of Towerrunning Office Vienna

Board consisting of President Michael Reichetzedler (AUT) and Sports Director Sebastian Wurster (GER)



Please note:

To improve the clarity of the rules and regulations the use of gender-specific endings (participants, runners, etc.) is omitted and only general terms are used. The descriptions are applied mutatis mutandis to both genders.

A Definitions and subject of this regulations

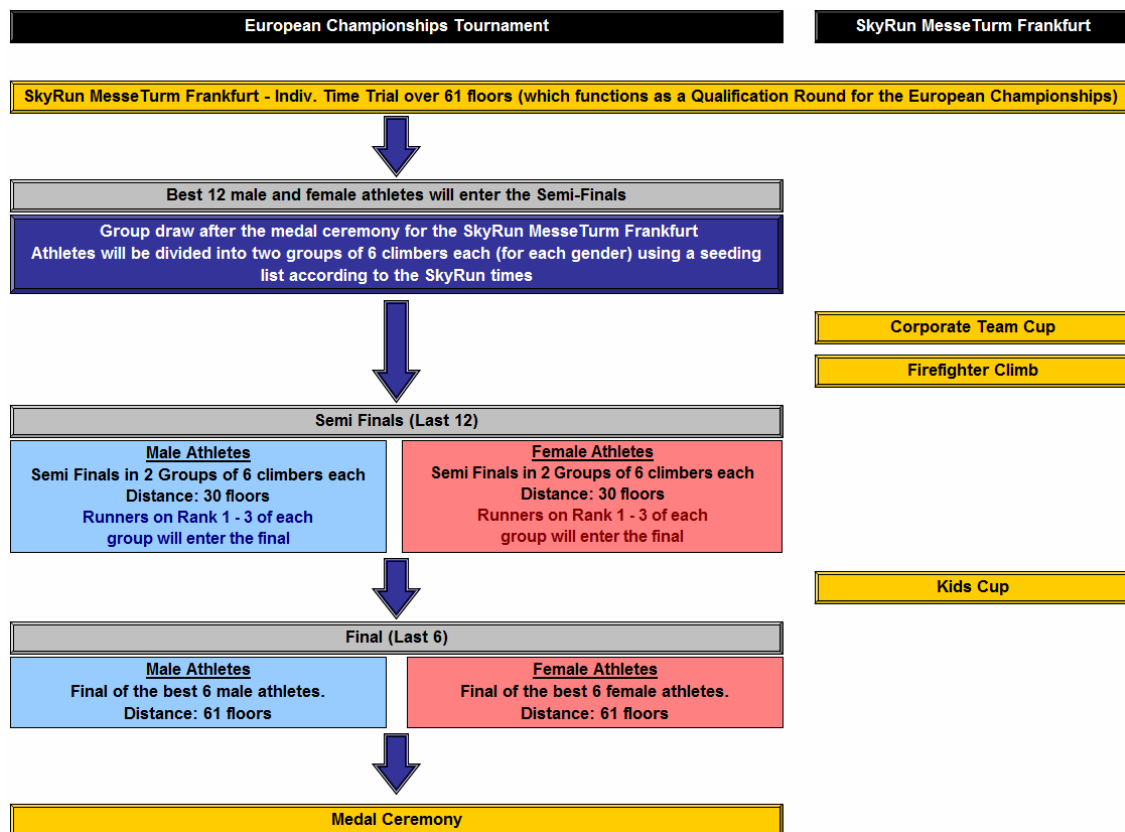
- (1) A **Towerrunning event** is defined as a competition where a running track within a staircase or on outdoor stairs is to be completed. Additionally the percentage of stairs at the whole distance (measured in time proportion) has to be more than 50%.
- (2) The **Towerrunning Office Vienna** (including the official Towerrunning website towerrunning.com) is the official source and international governing World Association for promoting and regulating the Towerrunning sport. Furthermore the association is responsible for the official stair climbing world ranking **Towerrunning World Cup** and for the organization of continental and international championships. The Towerrunning Office is represented by the company "Towerrunning" and its president Michael Reichetzedler (AUT).
- (3) The **Towerrunning European Championships** are a tournament system developed by Towerrunning Office Vienna to determine the leading continental stair climbing athletes. The Towerrunning Office Vienna reserves all rights to the marketing of the term "Towerrunning European Championships" and the official logos.
- (4) The **Towerrunning European Championships 2012** are a tournament jointly organized by the MesseTurm Frankfurt, the Turngemeinde Unterliederbach 1887, the Association for People with Spina bifida / Rhein-Main-Nahe e.V. (ARQUE) and the Tower Running Office Vienna according to these rules and regulations under the lead of an own Sports Management consisting of Race-Director Michael Lederer (GER) and Sports Director Sebastian Wurster (GER).
- (5) The **SkyRun MesseTurm Frankfurt** is a Towerrunning event in Frankfurt held since 2007, which is carried out according to the event announcement and the regulations published at www.skyrun-messeturm-frankfurt.com and www.arquelauf.de.
- (6) An athlete is considered as a **European athlete**, if his country of origin and / or his current citizenships is in Europe or in certain cases also if he is starting for an European association or club. As a European nation all countries being eligible to participate at European Athletics Championships and / or European Soccer Championships are defined. In uncertain cases the Sports Management decides unanimously after discussing the case with Towerrunning Office Vienna.
- (7) Subject of these rules is the regulation of the Towerrunning European Championships 2012 and the races of SkyRun MesseTurm Frankfurt as far as they are included in the European Championships tournament. All other races of the SkyRun MesseTurm Frankfurt held on the tournament day (corporate-TEAM-cup, FIRE-FIGHTER'S CUP, KIDS CUP) are not affected by these rules. The rules and regulations are complemented by the announcement of the event organizer, the Towerrunning World Cup rules and the event information of Towerrunning Office Vienna.

B Registration

- (1) Separate registration for the Towerrunning European Championships is not necessary. All climbers registered for the SkyRun MesseTurm Frankfurt Sprint race are automatically considered for the European Championships tournament. Thus the provisions of the event organizer for the registration process are applied.
- (2) For the participation in the Towerrunning European Championships no additional fees or charges have to be paid besides the start fees for the SkyRun MesseTurm Frankfurt (and eventually the fees for renting the timing chip).
- (3) Participation in the European Championships is only possible by participating in the Sprint race of SkyRun MesseTurm Frankfurt. The contenders registered for the corporate-TEAM-cup, the FIRE-FIGHTER'S CUP or the KIDS CUP are not registered for the European Championships, but an additional participation in the European Championships is also possible for these athletes. Though an additional registration and participation in the SkyRun Sprint race is mandatory.
- (4) The event organizer reserves the right to limit the number of accepted registrations, to shorten the registration period or to close the registration before the event day for any reason. Furthermore the event organizer reserves the right to selectively exclude certain registered athletes from participation or to additionally accept certain athletes even after the registration has been closed.

C Tournament Structure

- (1) The aim of the Towerrunning European Championships is to crown the best all-rounder on the stairs. Therefore the runners have to compete on the one hand over two different distances and on the other hand in different race formats in a one day tournament with preliminary round, semi-finals and finals.
- (2) As the preliminary round (in the morning of the event day) the SkyRun MesseTurm Frankfurt as an individual time trial of elite runners and amateurs over 1202 stairs, 61 floors and 222 meters elevation will function.
- (3) Based on this, the 12 best male and female runners will qualify for the European Championships semi-final round. There they will compete in two groups with six climbers each in a direct competition (Mass Start) over 30 floors (582 stairs) to qualify for the final of the best 6 athletes.
- (4) In the final race the best 6 climbers of each gender will climb again in direct competition (Mass Start) over the full distance to the 61st floor of the MesseTurm.
- (5) The semi-finals and finals will be performed separately for male and female athletes.

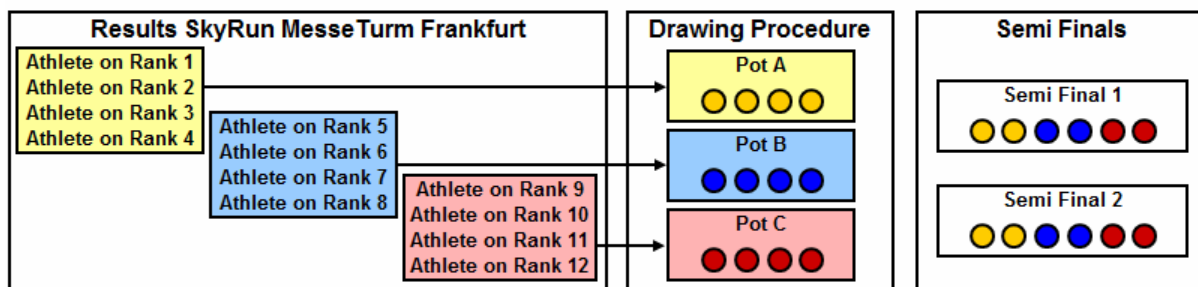


D Race modus in the preliminary round (Sprint race of SkyRun MesseTurm Frankfurt)

- (1) In the preliminary round (SkyRun Sprint race) a single time trial with determination each climber's the net time will be performed.
- (2) The starting order (shown by the bib numbers) is determined by the Sports Management considering the times in previous years, the World Cup ranking and achievements in other Towerrunning races and series.
- (3) The top 20 athletes based on this seeding process will start in the beginning with intervals of 60 seconds. For the main field shorter start intervals (i.e. 10 seconds) will be used.
- (4) Each athlete is responsible to line up at the start at his corresponding start time. If the starting time has been missed, a later start can not be guaranteed.
- (5) The timing is performed by using the Mika Champion Chip system. Each runners is responsible for the registration and the correct position of his timing chip.
- (6) If the event organizer allows to climb more than once during the SkyRun Sprint race, then the fastest time is relevant for the determination of the ranking.

E Qualification for the Semi Finals and Group Draw

- (1) The top 12 European runners in the SkyRun Sprint race of each gender (without any consideration of age groups) qualify for the European Championships semi-finals. The qualified runners will be announced on the screens in the start and finish area. In case of a tie additionally the split seconds will decide, even if they are not indicated in the results sheets. If there should be no possibility to differentiate the runners on ranks 12 and 13, both athletes will qualify for the semi-finals and will be placed in the same semi-final group.
- (2) If any qualified runner will retire from the tournament before the semi-finals (i.e. due to extraordinary exhaustion after the Sprint race), he is required to indicate this case towards the Sports Management before the beginning of the award ceremony for the Sprint race. Then the next best climber of the SkyRun will move up. In case of a withdrawal after the beginning of the group draw for the semi-finals no other runner will move up, but the slot in the semi-final will be vacant.
- (3) To guarantee an unobstructed tournament progress of the tournament the Sports Management reserves the right to penalize athletes withdrawing from the tournament after the beginning of the group draw for the semi-finals without providing an apparent reason. Possible penalties include time penalties on the SkyRun Sprint race result, subsequent disqualification for the SkyRun Sprint race or the denial of prize money or World Cup points for the Sprint race. For any penalty an unanimous decision of the Sports Management is required.
- (4) After the medal ceremony for the SkyRun the group draw for the semi-finals will take place on the main stage. The draw is carried out under the competency of Office Towerrunning Vienna and is performed by Sports Director Sebastian Wurster or a delegate designated by the Sports Director. To optimize the clarity of the drawing process the procedure will be displayed with the help of computer graphics on the stage and will be moderated in German and English.
- (5) All athletes qualified for the semi-final are allowed to assure themselves of the correct configuration of the balls, the pot and the tickets before the draw.
- (6) In the interest of a proper progress of the later semi final races during the group draw attendance in the immediate vicinity of the main stage is mandatory for all qualified athletes. The Sports Management reserves the right to unanimously penalize athletes violating this commandment with a time penalty of at least 10 seconds for the semi-final race.
- (7) The 12 qualified athletes of each gender will be distributed to 3 different pots according to the SkyRun results. In pot A the athletes ranked 1 to 4 in the SkyRun list will be seeded. The athletes in positions 5-8 go into pot B, and the athletes in positions 9-12 go into pot C.
- (8) From each of the three pots two athletes will be drawn to semi-final 1 and semi-final 2 so that at the end there will be two fairly equally occupied semi-final races with six athletes each.
- (9) The steps described in **E7** and **E8** will be performed separately for each gender.



G Race modus for the Semi-finals

- (1) The semi-finals will be performed in two groups of six athletes each separately for both genders over 582 stairs (30 floors).
- (2) For the semi-final and final races of the European Championship a new start mode will be used, which is adapted to the typical start procedure in automobile racing. For this purpose the climbers will be lined up in a starting grid with two climbers in each row. The distance between the rows of the grid is 1.5 meters, the climbers within each row are on the same level.
- (3) The start will be performed by using a starting light, which switches from red to yellow after oral notice ("Ready"). After 1 to 5 seconds then the light switches to green and the start for every six athletes simultaneously will be released.
- (4) The timing is triggered for all athletes as soon as the starting light jumps to green. Alone the run-in sequence in the finish will be crucial (the net time will not be relevant). The start from the first row is thus associated with an advantage.
- (5) In the semi-final races, the four top athletes of the SkyRun (seeded in pot A) will be distributed to the front row in each of the two semi-final races, the athletes from pot B may go to the second row and the athletes from pot C must line up in the third row. The first athlete picked in the draw will stand on the left side of the grid, the other one on the right side.
- (6) All athletes of the respective heat have to stand within the labelled start box in the grid at the latest one minute before the start. After the one-minute-signal the start box must not be left with any part of the body until the start is released. Violating this rule equals a jump start.
- (7) In case of a jump start or if the Race-Director, a start referee or the main referee has the suspicion, that a jump start may have occurred, the race will be stopped immediately after the start. This circumstance will be indicated by waving a red flag. After this signal the runners are not allowed to enter the stairwell. Instead of that, the runners are required to immediately return to the starting grid and take their positions in the start boxes again for the restart.
- (8) The runner being responsible for the jump start will be distinguished (eventually with the aid of the video proof). After the first jump start of each heat there are no further consequences for the respective athlete. After each further jump start (irrespective of whether the same athlete or another athlete caused the jump start) the yellow card will be shown to the responsible athlete. Additionally this athlete has to line up behind the last regular row (in the 4th row) for the restart and he has to wait 10 seconds after the start signal for the other athletes (10 seconds time penalty). The respective athlete will be released separately with a flag signal and / or a whistle blow.
- (9) From each of the two semi-finals the best 3 athletes (eventually after the consideration of time penalties) will qualify for the final. The net time and especially the time comparison with the other semi final heat does not matter for entering the finals (but will be decisive for the distribution to the further places in the rankings).

H Race modus for the Final

- (1) For the final race of the best six athletes (separately for each gender) also a mass start modus will be used. The race distance is 1202 stairs (61 floors).
- (2) The rules **G2 – G4** and **G6 – G8** are also applied for the final race. The time penalty in terms of **G8** is 15 seconds in the final.
- (3) In the final race the semi-final winners will line up in row 1, the runners-up of the semi-final race in row 2 and the third placed athletes from the semi-finals in the 3rd row. The athletes from the first semi-final race get the position on the left side, the athletes from the second semi-final race will stand on the right side.

I Referees

- (1) As at the 2012 European Towerrunning the athletes will compete not only for the coveted first official continental championship title, but also for a high prize money fund, possible violations of the rules at the European Championships will be sanctioned consistently.
- (2) For this purpose referees in the stairwell (briefed beforehand by Towerrunning Office) will monitor the race. The referees have to comply with the instructions of the Sports Management, these rules and regulations and the provisions of Towerrunning Office Vienna and the event organizer. All referees have to be marked clearly by wearing i.e. a certain jersey or armband.
- (3) The Race-Director Michael Lederer or a delegate designated by him will function as the start referee. He supervises the start procedure, coordinates the signals of the start lights and indicates / penalizes jump starts.
- (4) The Sports Director Sebastian Wurster or a delegate designated by him will function as the main referee (placed at the entrance to the tower). He supervises, indicates and penalizes unfair actions during the start period, before and while entering the stairwell. Furthermore he supports the start referee.
- (5) A representative of Mika Timing or a delegate designated by Race-Director Michael Lederer will function as the finish referee. He is responsible for determining the run-in sequence at the finish eventually with the aid of photo or video material.
- (6) All athletes have to comply with the instructions of the referees and the Sports Management in the pre-start period, during the entire race and after the race.

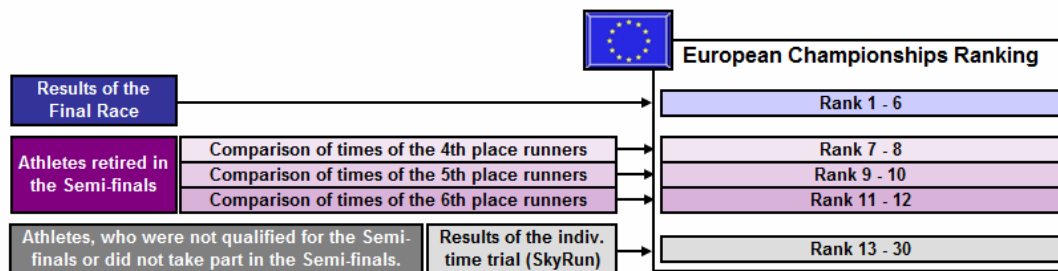
J Penalties

- (1) Any violation against these rules and regulations, the instructions of the referees or the main principles of fair-play will be illustrated to the respective athlete by showing a yellow or red card. All referees are authorized to declare yellow cards at any time during the pre-start-period, during the race itself or after the race. All violations against the rules indicated with a yellow card have to be recorded and immediately reported to the main referee. Red cards may only be declared by the start referee, the main referee or the finish referee.
- (2) The Sports Management (Race-Director and Sports Director) unanimously decide about penalties after the respective heat. If TV or video record are available, additionally the video proof will be used.
- (3) Possible penalties for violations against the sporting rules and regulations include time penalties or disqualification.
- (4) Possible penalties for violations against the formal procedures of the tournament (i.e. not attending briefings or not taking part at the award ceremony) include time penalties, disqualification and denial of prize money, other benefits or World Cup points for the tournament in Frankfurt.
- (5) A time penalty of at least 10 seconds in the semi-final respectively 15 seconds in the final (yellow card) or direct disqualification (red card) are imposed on an athlete ...
 - a) causing a jump start or leaving the start box with any part of the body after the one-minute-signal. This penalty will be performed as described in **G8**.
 - b) leaving the official race track or crossing the division line on the start straight.
 - c) blocking another runner in an unfair manner (i.e. use of elbows, holding another runner's shirt / jersey), irrespective of whether he has gained an advantage by the unfair action or not.
 - d) ignoring the instructions of a referee or affronting a referee.
 - e) reporting an verifiable unjustified offence (against another athlete) to the referees or the race directorate.
 - f) violating the principles of fair-play in another manner not listed above.
- (6) A immediate disqualification (red card) is imposed on an athlete ...
 - a) assaulting another athlete before, during or after the race or inducing a cropper of another athlete on the race track.
 - b) intentionally manipulating the race result (i.e. by illegal agreements).
 - c) assaulting members of the race directorate, the Sports Management or a referee.
 - d) perturbing the tournament intentionally or in a grossly negligent way (i.e. by arriving too late at the start)
- (7) Time penalties are added to the athlete's run time of the corresponding heat so the ranking may be adjusted. Exceptions to this rule are described in section **J5a** and **G8**.

- (8) If a runner during the entire Championship Tournament will be penalized for the second time with a time penalty he will be disqualified (yellow-red card) and demoted to the last place (12th place after a disqualification in the semi-finals, 6th place after a disqualification in the final race).
- (9) For the Sprint race of the SkyRun MesseTurm Frankfurt no disciplinary punishments are intended. In case of severe violations of the rules the Sports Management reserves the right to unanimously impose time penalties or even a disqualification.

K Determination of the European Championships ranking

- (1) At the European Championships the best 30 athletes will be honored with a certificate (in addition to the certificate for the SkyRun MesseTurm Frankfurt) and officially released on the Towerrunning website.
- (2) The places 1 to 6 arise directly out of the results of the final race (eventually after the decision of the finish referee and / or the video proof and / or the addition of time penalties). The times of the SkyRun individual time trial and the semi-final results will be not longer relevant for the ranking of the European Championship final participants.
- (3) The runners retired in the semi-finals will be distributed to the places 7 to 12. In this procedure first the semi-final placing in each race (4th, 5th or 6th place) and under the equal placed runners from the two semi-finals the better time will decide.
- (4) The runners who are not qualified for the semi-finals will be ranked 13th to 30th according to the time achieved in the SkyRun MesseTurm Frankfurt.
- (5) Beyond rank 30 the SkyRun in recent years only was occupied by German athletes. Therefore no official European Championships rankings will be awarded behind rank 30.
- (6) Athletes qualified for the semi-finals, but resigning before the semi-finals, will be included in the European Championships ranking directly beyond the top 12, as far as rule **E3** does not apply.



L German and European age group champions

- (1) In addition to the overall Towerrunning European Champion title a separate European Champion title will be awarded to the winners of 8 different age groups for each gender (Youth I 10-15, Youth II 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, > 70 years).
- (2) For this title first of all the result in the final race is of relevance. If no athlete of the respective age group enters the final, then the semi-final results count. Does also no runner of the age group enter the semi-final, then the decision is made according to the time in the SkyRun Sprint race.
- (3) To legitimize the title on a sporting basis, a European Champion title will only be awarded, if at least 5 European runners representing at least 3 different nations participate in the respective age group.
- (4) Additionally the title "Deutscher Towerrunning Champion" (German Towerrunning Champion) will be awarded to the best male and female German athlete in the final and also for the age group champions (same age groups as described in L1), if at least 5 German athletes participate in the respective age group.
- (5) The German and European age group champions are announced on the poster in the start area and published at the Towerrunning homepage and the ARQUE-LAUF homepage. Furthermore certificates for the age group champions will be provided by Towerrunning Office Vienna.

M Appeals against decisions of the race directorate and the referees

- (1) Each athlete participating in the Towerrunning European Championships is eligible to appeal decisions of the race directorate or the referees. However this permission is restricted to tournament rounds, in which the respective athlete is qualified.
- (2) Appeals have to be declared towards Race-Director Michael Lederer or Sports Director Sebastian Wurster personally or in written form within 30 minutes after the end of the respective tournament round. After the final race the appeal period only lasts 15 minutes.
- (3) When declaring an appeal the athlete has to pay a charge of 50 € to the Sports Management. This charge will only be refunded, if the appeal has been accepted. This rule shall ensure, that only well-considered and justified appeals will be declared.
- (4) After an appeal has been declared, the Sports Management will come to a final and not further appealable unanimous decision eventually after questioning the affected athletes or evaluating photo, video and TV material. For this final decision the following criteria will be applied in descending order.
 - a) These rules and regulations.
 - b) The event announcement of the event organizer as well as the additional publications of Towerrunning Office Vienna regarding the Towerrunning European Championships and the Towerrunning World Cup
 - c) The International competition rules (German edition: Internationale Wettkampfbregeln) for athletics events
 - d) An unanimous single-case decision of the Sports Management
- (5) Athletes who submit obviously unjustified objections, which could lead to a punishment against other athletes if they would be accepted, can be penalized with a time penalty or disqualification according to section **J5e** additionally to retaining the appeal fee.

N Doping

- (1) The organizers and the Sport Management reserve the right to conduct anti-doping controls at any time during the event with a number and selection of athletes chosen by the organizer. Regarding prohibited substances and methods as well as the control procedure itself and the consequences the international competition rules (Internationale Wettkampfbregeln) for athletics events and the provisions of the World Anti-Doping Agency (WADA) apply.
- (2) The refusal of a correctly indicated and performed anti-doping-control by an athlete leads to immediate disqualification of the respective athlete and to the denial of all already achieved titles, times, prizes and World Cup points at the event in Frankfurt as well as the denial of all other financial benefits (i.e. appearance premium).
- (3) Any violations against the anti-doping-provisions described in the international competition rules (Internationale Wettkampfbregeln) for athletics events will lead to the consequences describes in **N2** also if detected after the Towerrunning European Championships (i.e. after the laboratory analysis has been completed).

O Prizes

- (1) The winners of the Towerrunning European Championships 2012 (of each gender) will be honored with an official cup presented by Towerrunning Office Vienna. The cup will be handed to the winners during the official award ceremony on the main stage in the presence of the press, radio and television.
- (2) Additionally medals will be awarded to the top 3 European Championships finalists of each gender. The medals will also be presented during the official award ceremony on the main stage in presence of the press, radio and television.
- (3) Furthermore certificates will be awarded to the top 30 runners of each gender by Towerrunning Office Vienna. The certificates will be handed either personally, via postal service, via e-mail or via other communication pathways according to organizational circumstances and the runner's preference. The certificates for the 6 finalists of each gender will be handed during the official award ceremony on the main stage in the presence of the press, radio and television.
- (4) Prize money will be awarded to the top 3 male and female athletes of the SkyRun MesseTurm Frankfurt Sprint race and the top 6 male and female athletes of the Towerrunning European Championships (finalists) according to the prize money scheme shown below. The prize money will be handed during the official award ceremony on the main stage in the presence of the press, radio and television.
 - a) Prize money for the SkyRun MesseTurm Frankfurt Sprint race (separately for males and females)
 - 1st place → 750 €**
 - 2nd place → 500 €**
 - 3rd place → 250 €**
 - b) Prize money for the Towerrunning European Championships (additionally to the SkyRun prize money, separately for males and females)
 - 1st place → 1250 €**
 - 2nd place → 750 €**
 - 3rd place → 500 €**
 - 4th place → 250 €**
 - 5th place → 150 €**
 - 6th place → 100 €**
- (5) If the economical circumstances significantly change, the event organizer reserves the right to increase, reduce or even cancel the prize money. Furthermore the event organizer reserves the right to award additional money prizes, prizes in kind or special prizes.

P Award ceremony

- (1) There will be an award ceremony after the end of the sprint race of SkyRun MesseTurm Frankfurt for the top 3 athletes in this race held by the event organizer and sponsors. To receive the prize money for the SkyRun participation and complete acceptance of the prizes provided by the organizer in the presence of sponsors, the public, press, radio and television at the official ceremony is mandatory.
- (2) After the final race of the Towerrunning European Championships an award ceremony for the 6 top-ranked athletes in the European Championships (finalists) will be made by representatives of the event organizer, sponsors and Towerrunning Office Vienna. During this ceremony the handing over of trophies, medals, certificates, awards, any other eventual sponsor prizes, prizes in kind or special prizes is performed. To receive the prize money advertised for the Towerrunning European Championships it is mandatory to participate at the ceremony and to completely accept the prizes from organizers, sponsors and Towerrunning Office Vienna within the official ceremony in the presence of sponsors, the public, press, radio and television.
- (3) Included in the award ceremony (in sense of **P2**) is the playing of the national anthems of the two winners and the European anthem as well as an at least one-minute opportunity for the media to take photographs and to prepare film records of the athletes with the awarded prizes.
- (4) The "prices provided by Towerrunning Office Vienna" as defined in section **P2** include not only the trophies, medals and certificates for the European Championships but also particular prizes which are associated with the Towerrunning World Cup 2011 or 2012.

- (5) In case of non-attendance at the awards ceremony and / or impairment of the sequence of the ceremony, the Sports Management may decide the withdrawal of the prize money and also impose further penalties (such as denial of titles, World Cup points, etc.).
- (6) An official award ceremony for age group winners and national champions is not intended to be held.

Q World Cup evaluation

- (1) The SkyRun MesseTurm Frankfurt together with the Towerrunning European Championships is included in the exclusive selection of Towerrunning World Cup 2012 Masters Races and with a weighting factor of 2.5 belongs to the top five stair races worldwide.
- (2) Since the factor of 2.5 includes both the SkyRun and the European Championships tournament, the points are distributed between these two sub-events. There are 40% of the points for the actual SkyRun (factor 1.0) and 60% of the points for the European Top 30 ranking (factor 1.5) composed of the SkyRun and the European Championship tournament in accordance with Section **K**.
- (3) The points for these two sub-events are added for every runner to an overall result. This result represents the score for the event in Frankfurt so that only one of the eight individual scores is occupied (section **F2** of the World Cup rules). The total scores will be published the day after the event on towerrunning.com.
- (4) If athletes from other continents participate at SkyRun MesseTurm Frankfurt they are not eligible for the European Championship final rounds in case of a top 12 ranking. As compensation a weighting factor of 2.0 (instead of 1.0) is given to the SkyRun result. Of course runners from outside Europe are not included in the European top 30 rankings and European runners beyond the top 30 of the SkyRun move up in the ranking and receive World Cup points.
- (5) In case it should emerge before the event that an exceptionally strong non-European field is expected at the SkyRun MesseTurm Frankfurt then the organizers, the MesseTurm management and Towerrunning Office Vienna (represented by the unanimous decision of the World Cup Management) may unanimously declare the event as official World Championships up to four weeks before the race. In this case there would be no changes in tournament mode and the amount of the prize. Of course then non-European athletes are eligible to participate in the finals and profit from the prize money. Furthermore the World Cup factor could be increased or a modification in event evaluation in accordance with the provisions of the World Cup rules may be decided.

R Disclaimer

- (1) If because of force majeure the organizer is entitled or if he is forced due to administrative orders or for safety reasons to make changes in the organization of the event or to cancel it then there is no liability of the event organizer to the participant.
- (2) The event organizer is not liable for not at least grossly negligent property or pecuniary damage. Except from this limitation are damages due to the culpable breach of a contractual obligation of the organizer and personal injury (damage to life, limb or health of a person). The aforementioned liability restrictions also extend to the personal liability of employees, representatives, servants and assignees and third parties who assist the organizer in connection with the execution of the event or are contractually bound to him for this cause.
- (3) The event organizer is not liable for health risks of a participant in connection with his participation. It is in the responsibility of the participants to check their health before. See also the GRR (German Road Runners)-questions regarding health in the event announcement.
- (4) The event organizer is not liable for property of participants commissioned by him to third parties for custody. The liability of the organizer from gross negligent selection (of the vicarious agent) will remain unaffected.

S Data collection and usage

- (1) At registration of participants personal data are stored and processed for purposes of implementation and management of the event. Included is the purpose of medical care for participants on the race track and in the finish area by the medical care services monitoring the event. This applies especially for the data needed to process payments (§ 288 BundesdatenschutzG). By registration participants accept storage of their data for this purpose.
- (2) Any photos, film footage and interviews of the participants for radio, print media, books or photo copies made in connection with participation in the event may be published and spread by the organizer and Tower Running Office Vienna without entitlement to compensation.
- (3) Last name, first name, year of birth, nationality of the participants as well as the belonging to clubs or associations of the participant are published in all relevant events accompanying media (especially the Internet) and printed or published in starting lists. By registering for the event the participant consents to the storage and utilization of these data for this purpose.
- (4) The participant may object to the transfer of his or her personal data in accordance to section **S2** and **S3** by statement to the organizer in written form or via e-mail.

T Validation and Changes

- (1) The present rules and regulations become valid immediately upon publication on www.towerrunning.com and www.skyrun-messeturm-frankfurt.com.
- (2) Rule amendments are possible unrestricted til June 2, 2012 by unanimous decision of the Sports Management. They are to be announced immediately in the relevant publications.
- (3) Changes and Addendums modifying these rules are restricted to extraordinary situations when the workability and objectivity of the Towerrunning European Championships is in danger. This is decided unanimously by the sports management. Rule changes have to be announced immediately in the relevant publications.
- (4) Any changes to the rules on the race day or after the race are not allowed.

U Final Provisions

- (1) Participating in the European Towerrunning Championships creates no legal right for cash and other prizes as well as certain services. The decisions regarding the sport and the associated financial and material prizes are final. Legal recourse is excluded. These rules explicitly justify no contractual guarantee of benefits in any form from the event organizer, MesseTurm Frankfurt, ARQUE, Towerrunning Office Vienna (or the company Towerrunning), sponsors and partners of the event as from official representatives of these institutions and companies referred to in these rules and regulations.
- (2) If individual provisions of these rules are or become wholly or partially invalid, the validity of the remaining provisions shall not be affected. In this case the invalid provision shall be replaced by a provision that fits the intention of the invalid provision as closely as possible. Accordingly this applies to possible gaps in the rules. In particular in case of any gaps it is referred to the international competition rules (Internationale Wettkampfbregeln) for athletics events.
- (3) This English edition of the European Championships is a translation of the official German rules ("Sportliches Regelwerk Towerrunning European Championships 2012"). For any decisions before, during and after the tournament only the German edition will be considered as the valid and official rules and regulations. In case of any translation mistakes, gaps or impreciseness in the English version the original German text will be of relevance.

Frankfurt, February 2012

Sebastian Wurster

Sebastian Wurster

Sports Director
Towerrunning Office Vienna



Michael Lederer

Race-Director
SkyRun MesseTurm Frankfurt

Donators and supporters



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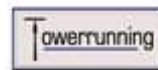


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